



ENTRANT INFO

Name: _____

Email: _____

Phone: _____

SPRING STRIDE CONTEST

Log Your Runs

Check each day below that you complete a run or walk. When you have accrued at least 50 entry points (1 entry point for logging a run, 2 for sharing to Facebook, and 2 for sharing to Instagram) present this form at Balance Solutions Physical Therapy to be eligible for the prize drawing and/or a Finisher's prize. Entries must be received by June 30, 2021. See <https://PerformanceRunningSolutions.com/contest/> for the official terms, rules and more details.

Performance Running @ Balance Solutions Physical Therapy
23175 Commerce Park, Beachwood, Ohio 44122

April

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10
- 11
- 12
- 13
- 14
- 15
- 16
- 17
- 18
- 19
- 20
- 21
- 22
- 23
- 24
- 25
- 26
- 27
- 28
- 29
- 30

May

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10
- 11
- 12
- 13
- 14
- 15
- 16
- 17
- 18
- 19
- 20
- 21
- 22
- 23
- 24
- 25
- 26
- 27
- 28
- 29
- 30
- 31

June

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10
- 11
- 12
- 13
- 14
- 15
- 16
- 17
- 18
- 19
- 20
- 21
- 22
- 23
- 24
- 25
- 26
- 27
- 28
- 29
- 30

